

# A Taste of Woolwich

LOCAL FOOD WITHIN YOUR REACH

Monday, April 12, 2010

5-8 p.m.

Calvary United Church

48 Hawksville Rd., St. Jacobs

- Purchase and learn from local farmers
- Relish tasty samples from local chefs and restaurants
- Enjoy savoury cooking demonstrations
- Learn how to can and preserve
- Learn the inside story of healthy local food
- Take part in fun kids' activities

Sponsored by: Woolwich Healthy Communities, Foodlink, Region of Waterloo Public Health

Find more information about Woolwich Healthy Communities at

[www.healthywoolwich.org](http://www.healthywoolwich.org)

Free Admission. Donations appreciated.

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WOOLWICH  
HEALTHY  
COMMUNITIES



Region of Waterloo  
PUBLIC HEALTH



Family Farm Fresh Produce