



Woolwich Healthy Communities Month

Last year 2300 people participated! Thanks to the 81 businesses, 20 not-for-profit groups who supported us and volunteers who contributed over 1450 hours to make it happen!

Join Us!

April 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
11 Breslau Trail Hike 2-4 pm	12 A Taste of Woolwich 5-8 pm	13	14	15	16	17 Green Living & Technology Fair 11 am-5 pm Alternative Energy Tours 12-3:30 pm
18 "Try-a-Tri" Triathlon 1-4 pm	19	20	21	22 Woolwich School Hike Day	23	24 Community Clean-up Day 8:30 am-12 pm Yellow Fish Painting with the Girl Guides Movie Night 7:30 pm
25 Canoeing the Grand 2-4 pm Bird Watching Hike 2-4 pm	26	27 Clean Waterways Tree Planting 10-11:30 am	28 Clean Waterways Tree Planting 9 am-3 pm	29	30 Clean Waterways Tree Planting 5-7 pm	1 TWEEC Tree Planting 8:30 am-12 pm

Events are brought to you by **Woolwich Healthy Communities.**

Woolwich Healthy Communities is a non-profit volunteer based organization that focuses on making Woolwich an even better place to live: socially, economically, and environmentally.

To volunteer at any of these events or to learn more about Woolwich Healthy Communities, visit our website **www.healthywoolwich.org** or call Joy at 519-664-3534, ext. 230 or email jfinney@wchc.on.ca

As a reminder you can post this calendar on your fridge!



Healthy Communities Month

Events Calendar: April 2010

Come out and enjoy events that interest you!

Join Us!

www.HealthyWoolwich.org

Breslau Hike

Sunday, April 11, 2:00–4:00 pm

Join us to hike the Hopewell & Riverland Trail.

A Taste of Woolwich

Local Food Within Your Reach

Monday, April 12, 5:00–8:00 pm Free!

Meet local farmers, see chef demonstrations, sample food from local restaurants, enjoy fun family activities and learn where to buy locally. Calvary United Church, 48 Hawksville Rd., St. Jacobs. Donations welcome.

Green Living and Technology Fair

Saturday, April 17, 11:00 am–5:00 pm Free!

Learn simple ways to reduce your energy and water use. Buy green products, talk with solar, geothermal and other green energy providers, learn about home energy audits, carsharing, landscaping and much more! St. Jacobs Arena, 29 Parkside Dr. Donations welcome.



Free electronic waste drop off at the Fair courtesy of Greentec!! See list of e-waste acceptable items at healthywoolwich.org.

Bring your old bikes for recycling to support The Working Centre.



Alternative Energy Tours

Saturday, April 17, 12:00–3:30 pm

- 1. Solar, Geothermal & Strawbale Homes:** Tour two energy efficient homes in Conestogo & Winterbourne and talk with the owner and installer. Bus leaves about every 45 minutes 12-2:30 pm from St. Jacobs Arena.
- 2. REEP House for Sustainable Living:** Take the tour bus to visit REEP's 90% energy efficient demonstration century home, featuring super-insulation, R-7 windows, solar panels, geo-thermal, etc. Use the payback calculator to choose your best options. Bus departs St. Jacobs Arena, 29 Parkside Dr. at 12 & 2pm. \$2 donation for tours welcome. Space is limited.

“Try a Tri”(athlon)

Sunday, April 18, 1–4 pm

Woolwich Memorial Centre, Elmira
Adult Competitive ♦ Adult Non Competitive
Youth Competitive ♦ Youth Non Competitive
Children Age Events ♦ Team / Family Events

Info: www.woolwich.ca or 519-669-1647 x 7001
Fundraiser in support of Woolwich Memorial Centre and Woolwich Healthy Communities.

1st Annual!

Woolwich Township School Hike Day

Thursday, April 22.

Community Clean-up Day

Saturday, April 24, 8:30 am–12:00 pm

Join with others in Woolwich to help beautify your community. Call Ann for details at 519-669-6027 or 519-664-2613 x 6027 or e-mail aroberts@woolwich.ca.

Yellow Fish Storm Drain Painting

by Elmira Girl Guides, Saturday, April 24.

Movie Night: Dirt!

Saturday, April 24, 7:30 pm Free!

Trinity United Church, 21 Arthur St. N., Elmira. Watch the family-friendly movie, *Dirt*. “Floods, drought, climate change, even war are all directly related to the way we are treating dirt.”

Join us for refreshments and a discussion after the movie.



Birding Hike on the Health Valley Trail

Sunday, April 25, 2:00–4:00 pm

Join Mark Bauman for birding and hiking on the HVT in St. Jacobs.

Canoe the Grand

Sunday, April 25, 2:00–4:00 pm Free!

Enjoy the Conestogo and Grand Rivers on this canoe or kayak ride from St. Jacobs to Kaufmans Flats. Bring your own canoes/kayaks and safety equipment. Contact Clint at 519-664-2661 or clintrohr@auracom.ca by April 21 to register.

Clean Waterways-Tree Planting

Help protect Woolwich's creeks and rivers. 851 Sandy Hills Road, Floradale. Contact Barb at 519-669-3961.

Tuesday, April 27, 10:00 am–11:30 pm

Wednesday, April 28, 9:00 am–3 pm

Friday, April 30, 5:00–7:00 pm

TWEEC

Tree Planting

Saturday, May 1

8:30 a.m. - noon

Call Ann at 519-669-6027 or 519-664-2613x 6027.

